

Dublin Juveniles & Intermediate Cross Country – Tymon Park.

Hosted by:



Dublin Juveniles Cross Country League.

Race	Distance	Start	Course
U9 Girls & Boys	600m	1	600m lap
U10 Girls & Boys	800m	2	2k lap
U11 & 12 Girls & Boys	1000m	1	1k lap
U13 & 14 Girls & Boys	1500m	3	2k lap
U15 & 16 Girls & Boys	2000m	4	2k lap
U17 & 18 & Jnr Girls	2000m	4	2k lap
U17 Boys	3000m	1	1 x 1k lap & 1 x 2k lap
U18 & Jnr Boys	4000m	4	2 x 2k lap

Dublin Intermediate Cross Country Championship.

Race	Distance	Start	Course
Inter Ladies	5000m	1	1 x 1k lap & 2 x 2k lap
Inter Men	8000m	4	4 x 2k lap

