

**DUBLIN COUNTY ATHLETIC BOARD
JUVENILE LEAGUE 3**

**Saturday 4th May 2019 starting at 10.30am
Tallaght**

10.30am	U/14	Girls	400m	10.30am	<u>Long Jump</u>	
	U/14	Boys	400m		U/10	Girls/Boys
	U/15	Girls	400m	11.45am	U/15	Girls/Boys
	U/15	Boys	400m	12.30pm	U/14	Girls/Boys
	U/16	Girls	400m		<u>High Jump</u>	
	U/16	Boys	400m	10.30am	U/12	Girls
	U/11	Girls	600m	12 noon	U/12	Boys
	U/12	Girls	600m	1pm	U15/U16	Girls/Boys
	U/10	Girls	500m		<u>Discus</u>	
	U/10	Boys	500m	10.30am	U/15	Boys/Girls (1K & 75K)
	U/11	Boys	600m	11.30am	U/16	Boys/Girls (1K)
	U/13	Boys	600m		<u>Shot Putt</u>	
	U/13	Girls	600m	10.45am	U/14	Boys (2.72)
	U/12	Boys	600m	11.30am	U/14	Girls (2K)
					<u>Javelin</u>	
12.00 noon	U/14	Girls	1500m	10.30am	U/13	Boys (400g)
	U/14	Boys	1500m	11.30am	U/13	Girls (400g)
	U/15	Girls	1500m		<u>Turbo Javelin</u>	
	U/15	Boys	1500m	11.00am	U11	Boys
	U/16	Girls	1500m	12.15pm	U11	Girls
	U/16	Boys	1500m			

- **All track events decided on times.**
- **3 throws/jumps per athlete**
- **Clubs must nominate 2 officials in advance**

Programme & event order subject to change, to facilitate smooth running of competition. All times are approximate.

Officials will facilitate competitors if T&F events coincide, however athletes should make sure their names are on the field event list.

Club vests must be worn and athletes **MUST BE REGISTERED**.

Age sticker/number should be displayed. Club official should pay for these, €3 per athlete. Athletes can compete in all events in their age group

Please note – The running order for 500m and 600m.