

**Dublin Juvenile Cross Country League 1**  
**Newbridge House Demesne, Donabate 20th Sep 2020**

<b>Age Group</b>	<b>Distance</b>	<b>Entry to Competition area</b>	<b>Start time</b>	<b>Finish time</b>
Girls (combined)				
U16/17/18/19/Jnr	2K	09:30	09:40	09:48
Boys (combined)	3K	09:55	10:05	10:17
U16/17/18/19/Jnr				
<b>Girls U9</b>	400m	10:25	10:35	10:39
Boys U9	400m	10:45	10:55	11:04
Girls U10	600m	11:10	11:20	11:26
<b>Boys U10</b>	600m	11:35	11:45	11:51
Girls U11	800m	12:00	12:10	12:15
<b>Boys U11</b>	800m	12:25	12:35	12:40
Girls U12	1000m	12:50	13:00	13:08
<b>Boys U12</b>	1000m	13:15	13:25	13:32
Girls U13	1000m	13:40	13:50	13:56
<b>Boys U13</b>	1000m	14:05	14:15	14:21
Girls U14/15 combined	1500m	14:30	14:40	14:49
Boys U14/15 combined	1500m	14:55	15:05	15:14

**Competition Area**

**ONLY athletes, appointed chaperones, officials and support staff allowed.**

**Athletes should arrive ready to compete and not earlier than necessary**

**Athletes should depart the competition area when finished**

